

# Avocado Soybean Unsaponifiables Asu

**Deepak Sharma, Madan Mohan Gupta, Anil K. Sharma, Raj K. Keservani, Rajesh K. Kesharwani**

Antibiotics Induce Prostaglandin E2 Production and Cytotoxicity in Equine Chondrocytes that Can be Inhibited by Avocado Soybean Unsaponifiables, Glucosamine, and Chondroitin Sulfate Cathleen Ann Mochal-King, 2011 Amikacin (AK) and enrofloxacin (EF) concentrations consistent with intra-articular and regional limb perfusion were evaluated for their effects on equine chondrocytes. We evaluated the production of prostaglandin E2 (PGE2) by equine chondrocytes in response to AK and EF administration, and if the combination of avocado soybean unsaponifiables (ASU), glucosamine (GLU), and chondroitin sulfate (CS) could reduce the production of PGE2. Monolayer cell cultures of equine chondrocytes were treated with clinically relevant concentrations of AK and EF plus combinations of ASU, GLU, and CS. AK and EF generated a dose dependent cytotoxicity. The induction of PGE2 following EF administration was significantly greater than PGE2 levels induced by positive controls. Induction of PGE2 by EF was significantly reduced in chondrocytes pretreated with ASU, GLU, and CS. We have demonstrated for the first time that EF can induce production of PGE2 in equine chondrocytes and that this effect can be attenuated with the combination of ASU, GLU, and CS.

Integrative Geriatric Medicine Mikhail Kogan, 2017-11-24 Integrative geriatrics is a new field of medicine that advocates for a whole-person, patient-centered, primarily non-pharmacological approach to medical care of the elderly. Most current geriatric practices overprescribe medications and procedures and underutilize non-pharmacological, low-cost, high-touch methods. Patients, however, often show reluctance towards these standard practices, as the interventions they rely upon are often invasive. The practice of integrative geriatrics is rooted in lifestyle interventions, such as nutrition, movement therapies, and mind-body and spirituality approaches, that allow patients to have different path to their healthcare-one that utilizes pharmaceuticals and invasive procedures only when safer integrative approaches are not available or not effective. This first definitive textbook of this new field presents detailed, evidence-based information for all healthcare providers and advocates who work with geriatric population. It is intended not only for providers in outpatient settings, but also to those who work in nursing homes, assisted and independent living facilities, and senior community centers. In addition, Integrative Geriatric Medicine will provide valuable information for leaders and politicians who are involved with implementing policies and procedures for care of elderly patients looking for safer, less costly, and more patient-centered approaches.

*Handbook of Clinical Nutrition and Aging* Connie W. Bales, Christine S. Ritchie, 2009-04-09 As the older adult population

continues to grow, so will the prevalence and incidence of age-related disorders. In *Handbook of Clinical Nutrition and Aging*, Second Edition, the editors and contributors (a panel of recognized academic nutritionists, geriatricians, clinicians and scientists) have thoroughly updated and revised their widely acclaimed first edition with fresh perspectives and the latest scientific and clinical developments in age-associated disease. New chapters tackle ecological perspectives on adult eating behavior, and behavioral theories applied to nutritional therapies in aging, while topics such as Sarcopenia and Cachexia are discussed in greater detail. The authors outline the physiological basis for each disorder, provide the latest information about the interaction of nutrition with these conditions, and review the potential routes and mechanisms for clinical intervention. Timely and authoritative, *Handbook of Clinical Nutrition and Aging*, Second Edition is a unique, comprehensive resource and will prove a valuable guide to all nutritionists, physicians, nurses, dietitians, and speech-language and occupational therapists who provide care for the rapidly expanding aging population.

*Nutrition and Rheumatic Disease* Laura A. Coleman, 2008-03-11 In this book, experts provide a comprehensive review of current knowledge regarding nutrition and dietary management for the complex set of rheumatic conditions. Within the disease-specific chapters, the authors present a historical perspective, a discussion of the major clinical features, current management and treatment, a review of the literature related to nutritional status and diet, and dietary recommendations, based on current scientific evidence. The field of rheumatic diseases includes a wide variety of pathologic processes. This book will greatly benefit physicians specializing in internal medicine, family practice, and rheumatology.

*Food Is Medicine* Brian Clement, 2013-09-30 *Food IS Medicine*, Volume Two compiles summaries of current scientific studies that show the healing effects of common foods like garlic, turmeric, berries, mushrooms, and legumes in preventing and treating chronic illnesses. With an in-depth analysis of 34 fruits, vegetables, spices, nuts, and other healing foods from algae to wheatgrass, this indispensable reference provides a descriptive profile of each food, its nutritional value, and its general effects on the body. *Food IS Medicine* is a three volume series presenting noteworthy and provocative data from studies clearly demonstrating that the most important ingested medicine comes from the food we consume. In all volumes, the key finding of each study is summarized in accessible language both for lay people and culinary or nutrition professionals. The studies are then presented chronologically, so the reader can grasp the evolution of findings and theories about the health effects of various nutrients and foods.

**Pain Management in Small Animal Medicine** Steven Fox, 2013-12-06 *Pain Management in Small Animal Medicine* describes and clearly illustrates the difficulties and choices facing veterinarians in identifying and treating pain, in addition to providing an account of the neurobiological mechanisms responsible for the pain. Expanded from the author's previous work, *Chronic Pain in Small Animal Medicine*, this volume us

**Signalisation chondrocytaire et arthrose** Odile Gabay, 2007 L'arthrose est une pathologie articulaire dont la

caractéristique est la destruction du cartilage. Le premier objectif de ce travail a été d'étudier le mode d'action d'un composé prescrit dans l'arthrose, les IAS (insaponifiables d'avocat et de soja), dans les chondrocytes, seul type cellulaire du cartilage. Pour cela, nous avons regardé dans des chondrocytes costaux et des explants de cartilage murins l'action des IAS sur : la libération de prostaglandine E2, ainsi que sur l'expression des principales enzymes de dégradation de la matrice (MMP-3 et MMP-13) en présence d'IL-1 ou d'un stress mécanique de compression. Certaines voies de signalisation classiquement impliquées dans l'activation chondrocytaire, voies MAPK et NF- $\kappa$ B. Nous montrons que l'expression des MMP-3 et MMP-13 ainsi que la production de PGE2 sont diminuées en présence d'IAS. On note une inhibition significative des voies NF- $\kappa$ B et ERK1/2 en présence d'IAS. Le deuxième objectif a été d'identifier, au sein des IAS, le principe actif susceptible de participer aux effets démontrés. Pour cela, nous avons étudié les IAS par spectrométrie de masse et avons trouvé une présence majoritaire de phytostérols. Parmi les 3 phytostérols présents au niveau des membranes cellulaires, nous avons choisi d'étudier prioritairement le stigmastérol en raison d'une action anti-inflammatoire déjà démontrée. Nous confirmons notre hypothèse initiale, ce composé montrant un effet inhibiteur significatif sur l'expression et la production de MMPs, la synthèse de PGE2 et la voie NF- $\kappa$ B. Nous concluons que les IAS agissent en inhibant certaines voies d'activation chondrocytaire, au moins en partie du fait de leur richesse en phytostérols.

**A Guide to Evidence-based Integrative and Complementary Medicine** Vicki Kotsirilos, Luis Vitetta, Avni Sali, 2011 A Concise Guide to Integrative and Complementary Medicine for Health Practitioners is a comprehensive textbook on the non-pharmacological treatments for common medical practice problems, with the support of current scientific evidence. Non-pharmacological approaches include advice for lifestyle and behavioural factors, mind-body medicine, stress management, dietary changes, exercise and sleep advice, nutritional and herbal medicine, acupuncture, complementary medicines and the role of sunshine that may impact on the treatment of the disease(s). Only proven therapies from current research are i

**Bioactives in Fruit** Margot Skinner, Denise Hunter, 2013-09-10 For centuries we have known that fruit is important for health, but we are only just beginning to fully understand why. Bioactives in Fruit: Health Benefits and Functional Foods aims to summarise some of our current knowledge on the bioactive compounds that are associated with the health benefits of specific fruits with a strong emphasis on the validation of health benefits by human intervention trials. Reflecting the current interest in food and health, the book includes strategies to retain and enhance the bioactives in fruit through breeding, growing conditions, fruit storage, processing into ingredients and production of functional foods. To accomplish this task authors with expertise in biology, chemistry, pharmacology, food science, nutrition, medicine, and horticulture have contributed. They come from universities, government and industry funded research institutes and biotechnology and food companies in Europe, the United States, Asia and New Zealand to give the book a broad perspective. This book, describing fruit bioactives, their health benefits when consumed as a food and related topics regarding their development into fresh or

processed functional foods, will be of use to postgraduate students, researchers, functional food product developers, food regulators and anyone who has curiosity about why fruit is good for you. The information contained within will provide plant breeders with new targets for the development of value-added horticultural products, and will also provide nutritionists and dieticians with a useful resource for developing strategies to assist in preventing or slowing disease onset or severity. Bioactives in Fruit: Health Benefits and Functional Foods is a major resource which will be required reading for anyone working in the fields of health and functional foods.

**Non Pharmacological Therapies in the Management of Osteoarthritis** Yves Henrotin, Kim Bennell, Francois Rannou, 2012-03-31 Osteoarthritis is a chronic disease prevalent among the elderly. Its most prominent feature is the progressive destruction of articular cartilage which results in impaired joint motion, severe pain and ultimately disability. Its prevalence and its impact on daily life pose a significant public health problem. Today, a cure for osteoarthritis remains elusive and the management of the disease is largely palliative, focusing on the alleviation of symptoms. Current recommendations include a combination of pharmacological and non-pharmacological treatments. The term “non-pharmacological” includes physical therapy and rehabilitation, but also nutraceuticals. All guidelines on osteoarthritis management highlight the importance of weight loss and physical activity to improve the functional status of patients. A number of alternative therapies are also commonly suggested by physicians and physiotherapists in their daily practice. The efficacy of these therapies is not evidenced by strong clinical trials. This category includes education, information, electrotherapy, ultrasound, electromagnetic field, spa, hydrotherapy, acupuncture, etc. Non Pharmacological Therapies in the Management of Osteoarthritis reviews the clinical relevance of these therapies and the difficulties in conducting high quality trials assessing their efficacy. This e-book presents supportive scientific evidence for their efficacy and explains the mechanism of action of nutraceuticals targeting osteoarthritis. It also includes many example of exercises, mobilization and manipulation techniques directly useful for medical professionals.

Evidence-Based Rheumatology Peter Tugwell, Beverley Shea, Maarten Boers, Peter Brooks, Lee Simon, Vibeke Strand, George Wells, 2009-07-10 Compiled by Cochrane collaborators and members of OMERACT (Outcome Measures in Rheumatology), Evidence-based Rheumatology is an essential resource for evidence-based medicine as applied to the musculoskeletal disorders. The introductory section covers the principles of evidence-based medicine in rheumatology, followed by clinical chapters covering all the major disorders. Each chapter includes non-drug therapy, drug therapy, and consumer evidence-based summaries. Evidence-Based Series: Evidence-based Rheumatology, part of the acclaimed series BMJ Evidence-based medicine textbooks that have revolutionised clinical medicine literature, comes with a fully searchable CD-ROM of the whole text. The text is kept up to date online at [www.evidbasedrheum.com](http://www.evidbasedrheum.com) Note: CD-ROM/DVD and other supplementary materials are not included as part of eBook file.

**Arthritis Research** Frank H. Columbus, 2005 Arthritis is an inflammatory disease affecting the joints and surrounding tissues. As the disease develops it can cause severe pain and disability. The two most common types of arthritis are osteoarthritis and rheumatoid arthritis. Osteoarthritis (OA) is a painful, degenerative joint disease that often involves the hips, knees, neck, lower back, or the small joints of the hands. Treatment usually includes analgesics, topical creams, or non-steroidal anti-inflammatory medications (known as NSAIDs); appropriate exercises or physical therapy; joint splinting; or joint replacement surgery for seriously damaged larger joints, such as the knee or hip. Rheumatoid arthritis (RA) is an autoimmune inflammatory disease that usually involves the hands, wrists, elbows, shoulders, knees, feet, or ankles. This new book brings together leading research in the field.

*Integrative Medicine in Primary Care, Part II: Disease States and Body Systems, An Issue of Primary Care Clinics in Office Practice* Vincent Morelli, Roger Zoorob, 2010-06-17 Complementary and alternative medicine encompasses a wide range of modalities, including acupuncture, herbs and supplements, naturopathy, and body and mind therapies. The use of these healing methods is increasing rapidly, and more and more patients are approaching primary care physicians with questions about them. The purpose of this issue is to help doctors understand the evidence supporting and refuting complementary and alternative medicine techniques so they can provide patients with answers. This is the second of a two-part series, and it focuses on application of complementary and alternative medicine techniques to disease states and body systems.

*Osteoarthritis: New Insights for the Healthcare Professional: 2013 Edition*, 2013-07-22 Osteoarthritis: New Insights for the Healthcare Professional: 2013 Edition is a ScholarlyEditions™ book that delivers timely, authoritative, and comprehensive information about Diagnosis and Screening. The editors have built Osteoarthritis: New Insights for the Healthcare Professional: 2013 Edition on the vast information databases of ScholarlyNews.™ You can expect the information about Diagnosis and Screening in this book to be deeper than what you can access anywhere else, as well as consistently reliable, authoritative, informed, and relevant. The content of Osteoarthritis: New Insights for the Healthcare Professional: 2013 Edition has been produced by the world's leading scientists, engineers, analysts, research institutions, and companies. All of the content is from peer-reviewed sources, and all of it is written, assembled, and edited by the editors at ScholarlyEditions™ and available exclusively from us. You now have a source you can cite with authority, confidence, and credibility. More information is available at <http://www.ScholarlyEditions.com/>.

**Joint Disease in the Horse** C. Wayne McIlwraith, David D Frisbie, Christopher E Kawcak, René van Weeren, 2015-09-23 Dr. McIlwraith's Joint Disease in the Horse, 2nd Edition is the only book to give you a full account of equine joint disease, combining a thorough, up-to-date survey of scientific advances with a practical guide to both medical and surgical treatments. With contributions from nationally and internationally recognized pioneers in the field, this groundbreaking text

offers an overview of joint structure and function and translates the latest information on basic joint pathobiology into practical application for the clinician. Step-by-step guidance on injection techniques and medications, along with a survey of practical arthroscopic surgery and developments, make it a truly indispensable reference for all equine veterinarians treating sports and racing horses. UNIQUE! Unprecedented, state-of-the-art coverage of the pathology, pathogenesis, and clinical diagnosis of traumatic and degenerative joint disease, so you stay in the know. Section on general principles of joint pathobiology provides the background to evaluate and interpret the diagnostic and surgical aspects of disease. Explores treatments for traumatic arthritis and osteoarthritis and other joint entities, offering a broad range of options and up-to-date recommendations for problematic decisions. Addresses recent advances and results in arthroscopic surgery for the acute injury and results including fragment removal, fragment fixation, and synovectomy. Discussion of current research provides insight for difficult cases and calls out the directions in which future arthritis research is headed. More than 325 photographs and line drawings help engage and guide you through procedures and treatments. NEW! Full color throughout with new artwork and a range of new images including radiographs showing both the normal and the disease progression. NEW! Practical step-by-step approach demonstrates the authors' preferred injections methods and shows underlying anatomic correlations. NEW and UPDATED! Restructured and substantially revised to emphasize treatment options, making it a practical, concise, and accessible reference and text. NEW! All-new chapters on drugs and new biological therapies, including stem cells, IRAP, and PRP and thoroughly updated coverage of HA and corticosteroids. NEW! Covers advanced imaging, giving you the latest information available. NEW! Expert advice from Dr. McIlwraith, three new co-editors, and new contributors - all distinguished specialists in the field of joint disease in the horse. Lameness and surgical clinicians describe how to approach the various, specific disease conditions. Equine specific radiologists provide their opinions on the best imaging techniques for defining the disease and making interpretations.

**Integrative Rheumatology** Randy Horwitz, Daniel Muller, 2011 In this volume, the authors describe a rational and evidence-based approach to the integrative therapy of rheumatologic, allergic, and autoimmune disorders, integrating the principles of alternative and complementary therapies into the principles and practice of conventional medical therapy.

The Arthritis Cure Jason Theodosakis, Sheila Buff, 2004 By outlining a nine-point program that includes a new effective supplement, ASU, this book describes a program that can halt, reverse, and possibly even cure degenerative osteoarthritis.-- From publisher description.

**Antioxidants in Fruits: Properties and Health Benefits** Gulzar Ahmad Nayik, Amir Gull, 2020-12-15 This book provides a comprehensive review of the antioxidant value of widely consumed fruits. Each chapter covers the botanical description, nutritional & health properties of these popular fruits. Fruits are one of the most important indicators of dietary quality and offer protective effects against several chronic diseases such as cardiovascular diseases, obesity, and various

types of cancer. In order to effectively promote fruit consumption, it is necessary to know and understand the components of fruits. In addition to underscoring the importance of fruit consumption's effects on human diet, the book addresses the characterization of the chemical compounds that are responsible for the antioxidant proprieties of various fruits. Given its scope, the book will be of interest to graduate and post-graduate students, research scholars, academics, pomologists and agricultural scientists alike. Those working in various fruit processing industries and other horticultural departments will also find the comprehensive information relevant to their work.

*Nutraceuticals and Bone Health* Deepak Sharma, Madan Mohan Gupta, Anil K. Sharma, Raj K. Keservani, Rajesh K. Kesharwani, 2024-04-23 Here is an informative volume on the importance of nutraceuticals and herbal remedies for bone health. It explains the probable mechanisms of nutraceuticals for the prevention, treatment, and management of bone-related diseases as well as their curable effects on bone injuries. The volume covers the progression and development of bones, which is a multifaceted process that requires an endless and ample supply of nutrients, such as calcium, phosphorus, potassium, protein, vitamin D, magnesium, and fluoride. The book delves into the beneficial effects of nutraceuticals on overall bone health and for the treatment of bone disorders such as osteoporosis, bone fractures, scoliosis and related complications, rheumatoid arthritis, Paget's disease, bursitis, gout, and carpal tunnel syndrome. It also addresses the use of nutraceuticals for inflammatory deformities and rickets.

**Musculoskeletal Health in Women** Elinor Mody, Elizabeth Matzkin, 2013-10-30 Recent research indicates that gender differences in anatomy and physiology, endocrinology, hand eye co-ordination and motor development have an effect on the kinds of injuries incurred as a result of sporting activities. Since men and women have different responses to exercise; strength and conditioning programs should be modified for these differences. *Musculoskeletal Health in Women* was born out of a need to provide fitness advice tailored to women. For example, research has focused on correcting neuromuscular imbalances in women to prevent injuries. Increased abduction moment at the knee and balance problems have been found to be predictors of ACL injury. Muscle strengthening with special emphasis on the terminal knee extensors and hip abductors can improve these neuromuscular imbalances. Additionally, taping and bracing at the ankle may be helpful, particularly in women prone to certain injuries. Any discussion of women's sports injuries is only complete if it includes the Female Athlete Triad: energy availability (which is affected by eating disorders), osteoporosis, and menstrual function. *Musculoskeletal Health in Women* provides a fully-illustrated and comprehensive overview of all of these aspects and its multidisciplinary approach ensures that expertise is provided from disciplines such as psychiatry, physiatry, endocrinology, nutrition, rheumatology, orthopedics, physical therapy and radiology. These authors have worked with women athletes of all ilks and are well equipped to address a full spectrum of issues related to the musculoskeletal health of women. *Musculoskeletal Health in Women* will be of primary interest to women athletes and women embarking on a fitness regimen. Health

professionals working in this area would also invariably benefit from the advice and guidance provided within these pages.

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