

Amy Winehouse Mental Disorder

Sinéad O'Connor

The Stranger on the Bridge Jonny Benjamin, Britt Pflüger, 2018-05-03 'In my world, the word inspirational gets bandied around a lot, but Jonny Benjamin is truly deserving of that adjective.' - HRH The Duke of Cambridge In 2008, twenty-year-old Jonny Benjamin stood on Waterloo Bridge, about to jump. A stranger saw his distress and stopped to talk with him - a decision that saved Jonny's life. Fast forward to 2014 and Jonny, together with Rethink Mental Illness launch a campaign with a short video clip so that Jonny could finally thank that stranger who put him on the path to recovery. More than 319 million people around the world followed the search. ITV's breakfast shows picked up the story until the stranger, whose name is Neil Laybourn, was found and - in an emotional and touching moment - the pair re-united and have remained firm friends ever since. *The Stranger on the Bridge* is a memoir of the journey Jonny made both personally, and publicly to not only find the person who saved his life, but also to explore how he got to the bridge in the first place and how he continues to manage his diagnosis of schizoaffective disorder. Using extracts from diaries Jonny has been writing from the age of thirteen, this book is a deeply personal memoir with a unique insight on mental health. Jonny was recognized for his work as an influential activist changing the culture around mental health awareness, when he was awarded an MBE in 2017. He and Neil now work full-time together visiting schools, hospitals, prisons and workplaces to help end the stigma by talking about mental health and suicide prevention. The pair ran the London Marathon together in 2017 in aid of HeadsTogether. Following the global campaign to find the stranger, in 2015 Channel 4 made a documentary of Jonny's search which has now been shown around the world. 'Jonny Benjamin is the most inspirational man I know. His book shows us how remarkable the human spirit is.' - Bryony Gordon, bestselling author of *Mad Girl*

Amy Winehouse Daily Source, 2024-04-10 Amy Winehouse: The Rise and Fall of a Music Diva, Her Struggles with Drugs, Alcohol & Her Demons With her signature beehive hairdo, cat-eye makeup, and unmistakable vocals, Amy Winehouse was destined to become an iconic singer-songwriter of the 2000s. But her meteoric rise to fame was matched by an equally turbulent downfall into addiction and personal turmoil that made her a tragic cautionary tale. This unvarnished biography provides an unflinching look at the tumultuous life of the Grammy-winning artist behind modern classics like *Rehab* and *Back to Black*. From her early days absorbing soulful influences like Sarah Vaughan and Dinah Washington, to selling millions of albums and becoming the first British female performer to win five Grammys in a single night, Winehouse's raw talent

scorched across every song she recorded. Yet behind the signature powerhouse vocals and vintage style was a woman engaged in a internal war, struggling with substance abuse, mental health issues, and toxic personal relationships that propelled her down a devastating path. No intervention from loved ones, rehab professionals or even jail sentences for drug charges could rescue Winehouse from the insatiable demons that led to her shocking death from alcohol poisoning at age 27. With haunting detail and exclusive insights from those closest to her, this definitive biography captures the dizzying highs and lows of Winehouse's roller coaster ride through fame - the inspirations, the artistry, the burnout, and the loss of a generation-defining voice silenced too soon. It's an essential examination of a complex, one-of-a-kind creative force and the perfect encapsulation of Winehouse herself: I'm not a girl trying to be a star. I'm just a girl who sings.

Can Music Make You Sick? Sally Anne Gross, George Musgrave, 2020-09-29 “Musicians often pay a high price for sharing their art with us. Underneath the glow of success can often lie loneliness and exhaustion, not to mention the basic struggles of paying the rent or buying food. Sally Anne Gross and George Musgrave raise important questions - and we need to listen to what the musicians have to tell us about their working conditions and their mental health.” Emma Warren (Music Journalist and Author). “Singing is crying for grown-ups. To create great songs or play them with meaning music's creators reach far into emotion and fragility seeking the communion we demand of it. However, music's toll on musicians can leave deep scars. In this important book, Sally Anne Gross and George Musgrave investigate the relationship between the wellbeing music brings to society and the wellbeing of those who create. It's a much needed reality check, deglamorising the romantic image of the tortured artist.” Crispin Hunt (Multi-Platinum Songwriter/Record Producer, Chair of the Ivors Academy). It is often assumed that creative people are prone to psychological instability, and that this explains apparent associations between cultural production and mental health problems. In their detailed study of recording and performing artists in the British music industry, Sally Anne Gross and George Musgrave turn this view on its head. By listening to how musicians understand and experience their working lives, this book proposes that whilst making music is therapeutic, making a career from music can be traumatic. The authors show how careers based on an all-consuming passion have become more insecure and devalued. Artistic merit and intimate, often painful, self-disclosures are the subject of unremitting scrutiny and data metrics. Personal relationships and social support networks are increasingly bound up with calculative transactions. Drawing on original empirical research and a wide-ranging survey of scholarship from across the social sciences, their findings will be provocative for future research on mental health, wellbeing and working conditions in the music industries and across the creative economy. Going beyond self-help strategies, they challenge the industry to make transformative structural change. Until then, the book provides an invaluable guide for anyone currently making their career in music, as well as those tasked with training and educating the next generation.

Mental Illness in Popular Media Lawrence C. Rubin, 2014-01-10 Whether in movies, cartoons, commercials, or even

fast food marketing, psychology and mental illness remain pervasive in popular culture. In this collection of new essays, scholars from a range of fields explore representations of mental illness and disabilities across various media of popular culture. Contributors address how forms of psychiatric disorder have been addressed in film, on stage, and in literature, how popular culture genres are utilized to communicate often confusing and conflicted relationships with the mentally ill, and how popular cultures around the world reflect mental illness and disability. Analyses of sources as disparate as the Batman films, Broadway musicals and Nigerian home movies reveal how definitions of mental illness, mental health, and of psychology itself intersect with discourses on race, gender, law, capitalism, and globalization. Instructors considering this book for use in a course may request an examination copy here.

My Amy Chicago Review Press, Incorporated, 2022-05-03 A moving, intimate look at the life of Amy Winehouse by her best friend. The death of icon Amy Winehouse at age just twenty-seven rocked the music world. Through the headlines the world thought they watched a car crash: a girl hell-bent on self-destruction. But the truth is far more complicated. Now, her best friend and constant companion Tyler James wants to tell the real story, because she can't. From their first encounter singing together at stage school, through to their wayward teenage years and Amy's dramatic rise to stardom, Tyler was with her through it all. Living with her right up until her death, he was the only one there by her side, day-after-day. He supported her through her career highs—the massive success of Back to Black and her five Grammy wins—and personal lows—her lifelong struggles with addiction, insecurity, and eating disorders. & Written with love, My Amy is a heartbreaking look at friendship and fame and provides an illuminating portrait of the woman behind the music—a unique, uncompromising force-of-nature. This is the definitive story of what really happened to Amy Winehouse.

Amy, Amy, Amy: Die Amy Winehouse Story Nick Johnstone, 2010-05-06 Amy Winehouse ist in den letzten Jahren zu einem der populärsten Stars der internationalen Musikszene avanciert. Der kometenhafte Aufstieg der Soul-Diva wird in 'Amy, Amy, Amy - Die Amy Winehouse-Story' von dem renommierten Journalisten Nick Johnstone detailliert nachgezeichnet. Ihr Weg vom jungen Talent zur Mode und Musik prägenden Stil-Ikone brachte Amy Winehouse immer wieder in die Schlagzeilen. Skandale rund um Drogen, Alkohol und andere Formen der Selbstzerstörung rückten ihr exzessives Privatleben in den Mittelpunkt der Berichterstattung. Allzu oft sind dabei die faszinierende Stimme und die musikalische Begabung der jungen Musikerin in den Hintergrund geraten. Johnstones packende und unterhaltsame Biographie bemüht sich um Ausgewogenheit. Sie würdigt Amys einzigartige Musikalität, gibt aber auch ein unbeschöntes Spiegelbild ihrer vielfältigen persönlichen Krisen wieder. Nick Johnstone ist Autor von mehr als einem Dutzend Bücher; unter anderem verfasste er eine große Patti-Smith-Biografie. Er schreibt für The Guardian, The Observer, The Times, The Daily Telegraph, Mojo, Melody Maker, Junior, Hotdog, Zembla, Magnet, The Jewish Chronicle, The Jerusalem Post und Dazed & Confused. Johnstone, dessen Bücher in sechs Sprachen übersetzt wurden, lebt und arbeitet in London.

From Bud to Brain: A Psychiatrist's View of Marijuana Timmen L. Cermak, 2020-04-02 The trend toward liberalizing medical and recreational marijuana use is increasing the obligation on clinicians to provide useful information to the public. This book summarizes the science all healthcare professionals need to know in order to provide objective and relevant information to a variety of patients, from recreational and medicinal users to those who use regularly, and to adolescents and worried parents. The author brings two and a half decades of studying cannabinoid research, and over forty years' experience in psychiatric and addiction medicine practice, to shed light on the interaction between marijuana and the brain. Topics range from how marijuana produces pleasurable sensations, relaxation and novelty (the 'high'), to emerging medical uses, effects of regular use, addiction, and policy. Principles of motivational interviewing are outlined to help clinicians engage patients in meaningful, non-judgmental conversations about their experiences with marijuana. An invaluable guide for physicians, nurses, psychologists, therapists, and counsellors.

Woman of Substances Jenny Valentish, 2018-05-17 Journalist Jenny Valentish takes a gendered look at drugs and alcohol, using her own story to light the way. Mining the expertise of 35 leading researchers, clinicians and psychiatrists, she explores the early predictors of addictive behaviour, such as trauma, temperament and impulsivity. Drawing on neuroscience, she explains why other self-destructive behaviours - such as eating disorders, compulsive buying and high-risk sex - are interchangeable with problematic substance use. From her childhood in suburban Slough to her chaotic formative years in the London music scene, we follow her journey to Australia, where she experiences firsthand treatment facilities and AA groups, and reflects whether or not they are meeting the needs of women. *Woman of Substances* is an insightful, rigorous and brutally honest read. In Australia it was nominated for a prestigious Walkley Book Award. 'Employing expert interviews and research, each rich personal episode is contextualised within the under-examined issue of women's substance abuse. Detailed, insightful and told with a feature writer's narrative flair' Bookseller and Publisher. 'Engages readers with storytelling while presenting scientific findings and theories in a way that is accessible to a broad audience' Broadsheet. 'Part monograph, part memoir, part Ginsbergian howl of outrage at a culture in which gender bias is a tenet. It is a work of compellingly articulate anger' The Australian. 'In straightforward, lively prose she relates even her darkest moments without self-pity or aggrandisement, and often with a streak of gallows humour, leading to more laugh-out-loud lines than you might expect' The Saturday Paper. 'We need books like this, and writers like Valentish, to give voice to our frustrations and concerns, to help legitimise and mobilise' Kill Your Darlings. 'Valentish's passion lies in exploring the underlying causes and their effects and, in the most female of ways, offering companionship and reassurance for her readers' The Monthly. 'Doesn't mince her words' Sydney Morning Herald.

Another Kind of Madness Stephen Hinshaw, 2017-06-20 Parallel to *An Unquiet Mind* and *The Glass Castle*, a deeply personal memoir calling for the destigmatization of mental illness

Loving Amy Janis Winehouse,2016-01-12 “Amy was one of those rare people who made an impact . . . She was a bundle of emotions, at times adorable and at times unbearable. . . . Amy’s passing did not follow a clear line. It was jumbled, and her life was unfinished—not life’s natural order at all. She left no answers, only questions, and in the years since her death I’ve found myself trying to make sense of the frayed ends of her extraordinary existence.” Arguably the most gifted artist of her generation, Amy Winehouse died tragically young, aged just twenty-seven. With a worldwide fan base and millions of record sales to her name, she should have had the world at her feet. Yet in the years prior to her death, she battled with addiction and was frequently the subject of lurid tabloid headlines. Amy’s mother, Janis, knew her in a way that no one else did. In this warm, poignant, and at times heartbreaking memoir, she tells the full story of the daughter she loved so much. As the world watched the rise of a superstar, then the free fall of an addict to her tragic death, Janis simply saw her Amy: the daughter she’d given birth to, the girl she’d raised and stood by despite her unruly behavior, the girl whose body she was forced to identify two days after her death—and the girl she’s grieved for every day since. Including rare photographs and extracts from Amy’s childhood journals, Loving Amy offers a new and intimate perspective on the life and untimely death of a musical icon.

The Way She Feels: My Life on the Borderline in Pictures and Pieces Courtney Cook,2021-06-29 Finalist for the 2022 Lammy Award for Bisexual & the 2022 Heartland Booksellers Award A Book Riot Best Book of the Year “Audaciously human and raw. The Way She Feels is a rainbow during the rain.” —Mara Altman A witty and one-of-a-kind debut graphic memoir detailing and drawing the life of a girl with borderline personality disorder finding her way—and herself—one day at a time. What does it feel like to fall in love too hard and too fast, to hate yourself in equal and opposite measure? To live in such fear of rejection that you drive friends and lovers away? Welcome to my world. I’m Courtney, and I have borderline personality disorder (BPD), along with over four million other people in the United States. Though I’ve shown every classic symptom of the disorder since childhood, I wasn’t properly diagnosed until nearly a decade later, because the prevailing theory is that most people simply “grow out of it.” Not me. In my illustrated memoir, The Way She Feels: My Life on the Borderline in Pictures and Pieces, I share what it’s been like to live and love with this disorder. Not just the hospitalizations, treatments, and residential therapy, but the moments I found comfort in cereal, the color pink, or mini corndogs; the days I couldn’t style my hair because I thought the blow-dryer was going to hurt me; the peace I found when someone I love held me. This is a book about vulnerability, honesty, acceptance, and how to speak openly—not only with doctors, co-patients, friends, family, or partners, but also with ourselves.

Amy Winehouse: Beyond Black Naomi Parry,2021-09-14 The definitive story of Amy Winehouse's life and career told through key photographs, memorabilia and recollections by those who knew her best. Curated by Amy's stylist and close friend Naomi Parry.0Amy Winehouse left an indelible mark on both the music industry and pop culture with her soulful voice

and bold 60s-inspired aesthetic. Featuring stories and anecdotes from a wide range of characters connected to Amy, specially commissioned photography of memorabilia, styled and dressed themed sets incorporating Amy's clothing, possessions and lyrics, and previously unseen archival images, this volume presents an intimate portrait that celebrates Amy's creative legacy. 0 Interspersed throughout are personal reflections on Amy's life and work, provided by her friends, colleagues and fans. These include Ronnie Spector, Vivienne Westwood, Bryan Adams, Little Simz, Carl Barat, close friend Catriona Gourlay, Douglas Charles-Ridler (owner of the Hawley Arms), tattooist Henry Hate, goddaughter Dionne Broomfield and DJ Bioux. Each one has a personal story to share and together their anecdotes and reflections build into a complex picture of a much admired but troubled star. Vice Culture Editor Emma Garland puts these insights into context with an introduction that highlights the principal events and achievements in Amy's life and work, and the key characters that played a part in it.

Amy, My Daughter Mitch Winehouse, 2012-06-26 The intimate, inside story of the ultimately tragic life of multiple Grammy Award-winning singer and songwriter Amy Winehouse ("Rehab," "Back to Black") is told by the one person most able to tell it—Amy's closest advisor, her inspiration, and best friend: her father, Mitch. *Amy, My Daughter* includes exclusive, never-before-seen photos and paints an open and honest portrait of one of the greatest musical talents of our time.

Series of Unfortunate Stereotypes Lucy Nichol, 2018-02-19 'If you've ever had someone in your orbit say an ignorant thing about mental health and wished you had a clever repost, this book is your instruction manual.' Natasha Devon, MBE 'Lucy Nichol is a fresh and important voice in the world of mental health (...) this book will offer people who suffer from mental health issues some relief, and for those who don't suffer - they'll get some understanding. Read it ' Amber Tozer 'A Series of Unfortunate Stereotypes is essentially an exercise in empathy. Lucy has been there and she cares: reflection and resonance.' Kristin Hersh 'Lucy's book really struck a chord with me. Anxiety is a medium-sized word with plus-size consequences, and opening up about what it actually means is the only way to break down those 'unfortunate stereotypes'...' Andrea McLean 'I love Lucy's writing. It's an insightful and incredibly accurate account of living with mental illness and the stigma that surrounds it, written with humour and intelligence.' Denise Welch 'Lucy has the gift of sparkling prose and a mischievous, self-deprecating sense of humour.' David Whetstone, Arts Editor, *The Journal* 'I can see why she thought I wouldn't like it.' Lucy's grandma From a young age, Lucy Nichol has always been on edge. Whether it's because of her fear of beards, a general sense that she can catch a disease from anything, or the belief that she's going to throw up at any given moment, she's never really felt safe. In *A Series of Unfortunate Stereotypes*, Lucy explores the different lenses through which she and other people have viewed her mental health problems. She tackles a number of different stereotypes placed on people living with mental illness, including the idea that they are narcissists, hypochondriacs, and psychos. After writing a blog post about her journey, Lucy realised that she wasn't alone in feeling this way. And so she began to talk more about her experience, eventually becoming a columnist in Sarah Millican's magazine *Standard Issue*. In writing about her life in such

an open way, Lucy has been able to claw herself back from the grips of her anxiety. A Series of Unfortunate Stereotypes is one of the most fortunate things you could read. Trigger are proud to announce Theinspirationalseries partner to their innovative Pullingthetrigger range. Theinspirationalseries promotes the idea that mental illness should be talked about freely and without fear. Find out more at www.triggerpublishing.com

Marijuana on My Mind Timmen Cermak, 2022-04-19 Scientific evidence makes sense of the increasingly polarised debate about the potential benefits and safety implications of cannabis use.

Let Me Out Amy Bingaman, 2017-10-03 In April of 2004, the long downward spiraling of Amy Bingaman's mental illness could no longer be hidden or ignored much less written off as a side-product of a colorful and quirky character. With no family able to help and no resources, she was involuntarily locked up in the draconian, archaic labyrinth that is the Wyoming Mental Health System. Armed with only a pocket dictionary and any paper she could find to write on, Amy wrote not only as a journal but at times as her only coping mechanism to salvage what was left of a breaking mind in a love/hate relationship with her alter-ego who she'd come to call Lucille. Over the course of her first 33 days she kept copious notes of her time there, detailing treatment (or mistreatment) befitting a prisoner rather than the sufferer of a psychological disorder. These diaries roller-coaster between terrifying and hilarious, chronicling from her first morning waking up confused in a disheveled ball gown, living at the mercy of staff who range from inept to cruel and with fellow patients who's light, hope and brilliance are twisted with the daily wrestling of their own debilitating psychotic breaks from reality. What results is an unedited, in-the-moment take-down of what consists of mental health care in this country, as lived from the inside by its weakest links, those it is intended to protect. And for all the dark humor and vivid humanity, she hopes you will be left with the knowledge that since that time, little or nothing in the system has changed. -DOUG STANHOPE

Defeating Dark Angels Charles H. Kraft, 2016-10-04 A Practical, Complete Guide to Defeating Demons Demonic oppression is a very real spiritual phenomenon, yet it remains a terrifying and misunderstood subject for many Christians. What does the Bible say? Can demons exert power over Christians? Can a Christian be possessed? How do you know if a problem is psychological or spiritual? In this revised edition of *Defeating Dark Angels*, Dr. Charles H. Kraft, a retired evangelical seminary professor and experienced deliverance minister, reveals everything you need to know. With clarity and biblical insight, he explains · why and how dark forces come against God's people · our authority as Christians over demons · how to resist the influence of demons · how to break their hold on the lives of others · the need for continued healing and care after deliverance through counseling Weaving practical application with firsthand accounts of demonic activity in the lives of real people, this is your complete guide to defeating dark angels and ministering God's freedom to others.

Nobody's Normal: How Culture Created the Stigma of Mental Illness Roy Richard Grinker, 2021-01-26 A compassionate and captivating examination of evolving attitudes toward mental illness throughout history and the fight to end the stigma.

For centuries, scientists and society cast moral judgments on anyone deemed mentally ill, confining many to asylums. In *Nobody's Normal*, anthropologist Roy Richard Grinker chronicles the progress and setbacks in the struggle against mental-illness stigma—from the eighteenth century, through America's major wars, and into today's high-tech economy. *Nobody's Normal* argues that stigma is a social process that can be explained through cultural history, a process that began the moment we defined mental illness, that we learn from within our communities, and that we ultimately have the power to change. Though the legacies of shame and secrecy are still with us today, Grinker writes that we are at the cusp of ending the marginalization of the mentally ill. In the twenty-first century, mental illnesses are fast becoming a more accepted and visible part of human diversity. Grinker infuses the book with the personal history of his family's four generations of involvement in psychiatry, including his grandfather's analysis with Sigmund Freud, his own daughter's experience with autism, and culminating in his research on neurodiversity. Drawing on cutting-edge science, historical archives, and cross-cultural research in Africa and Asia, Grinker takes readers on an international journey to discover the origins of, and variances in, our cultural response to neurodiversity. Urgent, eye-opening, and ultimately hopeful, *Nobody's Normal* explains how we are transforming mental illness and offers a path to end the shadow of stigma.

Rememberings Sinéad O'Connor, 2021 From the acclaimed, controversial singer-songwriter Sinéad O'Connor comes a revelatory memoir of her fraught childhood, musical triumphs, fearless activism, and of the enduring power of song. Blessed with a singular voice and a fiery temperament, Sinéad O'Connor rose to massive fame in the late 1980s and 1990s with a string of gold records. By the time she was twenty, she was world famous—living a rock star life out loud. From her trademark shaved head to her 1992 appearance on *Saturday Night Live* when she tore up Pope John Paul II's photograph, Sinéad has fascinated and outraged millions. In *Rememberings*, O'Connor recounts her painful tale of growing up in Dublin in a dysfunctional, abusive household. Inspired by a brother's Bob Dylan records, she escaped into music. She relates her early forays with local Irish bands; we see Sinéad completing her first album while eight months pregnant, hanging with Rastas in the East Village, and soaring to unimaginable popularity with her cover of Prince's *Nothing Compares 2U*. Intimate, replete with candid anecdotes and told in a singular form true to her unconventional career, Sinéad's memoir is a remarkable chronicle of an enduring and influential artist.

It's All Absolutely Fine Ruby Elliot, 2017-01-31 *It's All Absolutely Fine* is an honest and unapologetic account of day-to-day life as a groaning, crying, laughing sentient potato being for whom things are often absolutely not fine. Through simple, humorous drawings and a few short narratives, the book encompasses everything from mood disorders, anxiety, and issues with body image through to existential conversations with dogs and some unusually articulate birds. Building on Rubyetc's huge online presence, *It's All Absolutely Fine* includes mostly new material, both written and illustrated, and is inspirational, empowering, and entertaining. Hope and tenacity abound in this book that is as heartening as it is hilarious. *Voted onto the

2018 GREAT GRAPHIC NOVELS FOR TEENS list by the American Library Association's YALSA (Young Adult Library Services Association)

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Amy Winehouse Mental Disorder Introduction

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